

Under 5s

Read **Prepare and reflect**, and use the **Colouring sheet** **WEB**.

Play ideas: pile of wooden bricks and a sign 'Can you build a bridge together?'

Sing *Hey, you in the middle*, Out of the Ark Music **WEB**

One child performs an action in the middle, and everyone copies.

Share the story

Together practise a 'moan', and 'gush' sound, clapping and shouting 'Help!'. Use these sounds as you tell the story, following the instructions in brackets.

God's people were still wandering and they were still moaning. (*moan*)

This time they were thirsty. 'It was better in Egypt,' they moaned. (*moan*)

'We are so thirsty,' they moaned. (*moan*)

'What shall I do?' Moses asked God. (*Help!*)

God replied, 'Go to the rock at Horeb. Take your stick and hit the rock. (*clap hands*)

Water will come pouring out.' (*gush*)

So Moses did as God said.

Water came pouring from the rock ready for the people to drink. (*gush*)

Ball game

Stand together in a circle with a leader in the middle. Play a ball game, passing a soft ball backwards and forwards from the leader to the children. Try the same with one of the children in the middle. Tell the children that Moses talked to God for the people. We can tell God about people we are worried about too.

Water picture

Draw the outline of a rock on one side of a large sheet of paper. Provide glue, and a selection of blue tissue paper, shiny shapes, stickers and paper. Ask the children to make the water gush from the rock.

Water prayers

Gather round a tub of water and show the children how to cup one hand, fill it with water and pour it over the other. Do this as you pray:

Dear God, the people were thirsty.

Moses was worried, so he talked with you.

Thank you that when we are worried about others, we can talk to you too. **Amen.**

Allow space for the children to talk about anyone they are worried about.

Sing to the tune: *The Farmer's in his den*

God looks after me, God looks after you,
God looks after all of us in everything we do.